

CURRICULUM MAP FOR PHYSICAL EDUCATION

	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
RECEPTION	Fine motor focus	FUNS Unit 2 (1.Journey to the blue planet 2)Monkey Business)	Gymnastics – apparatus (Nursery Rhyme themed)	Gymnastics – floor (New life/ growing themed)	Dance – - Cinderella Ballroom dancing -music from around the world	Gymnastics – apparatus (Journey themed)
	FUNS Unit 1 (1.The Birthday bike surprise 2. Pirate Pranks)	Playground games	FUNS – Unit 3 (1.Tilly the train's BigDay 2.Thembi Walks the Tightrope)	FUNS - Unit 4 (1.Clowning around 2. Wendy's Water-ski Challenge)	Games – Throwing and catching	Games – Running and relay games
YEAR ONE	Games- Funs For Everyone PE Scheme- Multiskills Y1 Lesson 1-6.Spatial awareness	Handa's surprise Composing Performing Appreciating Evaluating	Games Val Sabian UNIT 2 Throwing and catching – aiming games	Gymnastics: Funs: Lessons 7-12 Rolling/Jumping	Dance - Growing LCP Units1/2 Weather and Seasons	Dance Funs Section 1,2 and 3 Bubbles,Elastic, Ball (mix with) Val Sabian Year 1 UNIT 1 Streamers Playing with a ball
	Dance- LCP Toys Clowns Section 1-3	Gymnastics: Funs: Lessons 1-6 Shapes/balance	Gymnastics Val Sabian UNIT 3 (G) Wide, Narrow, Curled	Games LCP Unit 3 Lessons 7-12 Ball skills	Games- Funs For Everyone PE Scheme- Multiskills Y1 Lesson 6-11 Sending and Receiving.	Games Val Sabian UNIT 3 Bat and ball skills and games. Skipping.
YEAR TWO	Gym- Val Sabin - Pathways	Dance: Funs: Seasons (3 weeks) Funs: Colours (3 weeks)	Gym: Funs: Lessons 1-6 Body Shapes Sequences Travelling Different Heights Using apparatus	Gym: Funs: Lessons 7-12 Rolling Jumping and Landing Using apparatus	Dance Funs (3): Lifecycles Gym(3): Raising the Bar Funs activities: rotation of equipment	Gym(3): Spinning, turning and twisting (3) Dance Funs (3): The seaside
	Gym- Val Sabin- Pathways	Games – Multiskills: Funs: Lesson 1-6 Spatial Awareness Movement with ball Sending and Receiving	Games – Multiskills: Funs: Lesson 7-12 Sending and Receiving Aiming Net Activities Striking & Fielding	Val Sabian: Unit 3: Dribbling, Kicking and Hitting Supplemented with Raising the Bar FUNS activities and warm-ups	Games: Val Sabin Unit 4 Group games and inventing rules	Games(6): OAA

YEAR THREE Each class do one term of swimming (alternated with multi-skills)	Gym FUNS: 1-6	Dance: Val Sabin The Eagle and the Fish (3 weeks) TBC (3 weeks)	Dance FUNS: 1-6	Gym FUNS: 7-12	Dance FUNS: 7-12	Gym: Rotation Travelling Different Heights
	<u>Swimming</u>	<u>Swimming</u>	Games – Multiskills: Lesson 1-6	Games - Multiskills: Lesson 7-12	LCP: Athletics Running Throwing Jumping	Funs: OAA Building Trust Team Work Problem Solving Following instructions
YEAR FOUR	Gymnastics Funs: Lessons 1-6 Body Shapes Travelling Different Heights Using apparatus	Dance FUNS dance	Gymnastics Gym: Funs: Lessons 7-12 Rolling Jumping and Landing Using apparatus	Dance Funs: Laugh a minute (3 lessons) Funs: Power of the Circle (3 lessons)	Gymnastics Creating sequences using a variety of elements on an increasing range of apparatus	Dance Funs: The Iron Man (3 lessons) Funs: Work rest and play (3 lessons)
	Games Hockey	Games Multiskills: Funs: Lesson 7-12 (Throwing and catching, striking skills, judging distance and timing)	Games Football Rugby	Games Netball Basketball	Games Athletics Running Throwing Distance Jumping Relays	Games Rounders Catching Throwing Fielding Batting
YEAR FIVE	Gymnastics – Linking Actions Balancing Jumping Partner work Counterbalance	Dance – Topic based dance (Rainforest)	Gymnastics Symmetrical shapes Asymmetrical shapes Rotation	OAA Orienteering Problem solving	OAA Orienteering Problem solving	Dance – Val Sabin Tudor Dance
	Football Invasion Games Attacking and defending	Netball Invasion games Passing, throwing and catching accurately Landing and pivoting	Hockey Pushing and dribbling Niggling Passing	Rounders – Striking and fielding Throwing Catching Fielding Rules	Athletics Jumping Throwing Running	Cricket Fielding Bowling Batting
YEAR SIX	English country dance Dance – Val Sabin History	Gymnastics - LCP	Dance – Victorian Playgrounds - LCP	Gymnastics -	Dance – The River	Gymnastics OAA
	Games Rugby- Matalan	Games Rugby	Games Basketball	Games Cricket	Athletics	Games Rounders