

'Healthy, active children, achieve more!'

We are excited to share our School Sport plan with our parents and wider school community. We are committed to monitoring the impact of the Sport Premium funding to ensure every child is benefitting from a healthy and active lifestyle.

Elms Coaches- After successfully using the outside provider 'Elms Sport in Schools' in 2013-2014 we are continuing with this programme this year. They will lead team teaching sessions with our class teachers providing CPD opportunities for staff. Each class teacher benefits from a six week tailor made programme, working with a leading professional from Elms Sport in Schools. The children will greatly benefit from new ideas, games and initiatives to enhance their PE lessons.

Inspire Days- external coaches come to each site for a whole day to provide every child with the opportunity to be active and have fun participating in sport and something unusual to them. This is with the hope that some children will find new interests and skills. This is planned to happen at least twice in a school year. (eg Zumba, Tae Kwon Do and Handball)

Coaching Challenge Days- Coaches spend a day on each site. They will work with every class on a timetabled bases to give them all a one of coaching opportunity- eg. Tag Rugby, Short Tennis and Volleyball. The coaching would be chosen from local clubs and teams to build the knowledge of clubs in the local area that the children could come involved with. Following from the challenge days, every child will complete a house competition challenge based on the skills they learnt on the day. This challenge/ competition would happen during their PE lesson in the next week and then the results would be counted to find a house winner. This term we have London Scottish players coming in to coach TAG Rugby.

Fit challenges- These are for the children to do in their classes each week. The sports council will help come up with the challenges that every child needs to carry out in that week. This will be advertised on twitter and the website the Friday before so the children have the opportunity to practise at home and get their families involved in the challenge as well. They may even choose to video them practising the fit challenge to show in their classes at school. The skill/ task will be available to watch on you tube or another link so everybody knows how to complete the challenge. Staff can also share the challenge with their classes. Challenges are not about seeking perfection in a skill, simply to be active and challenge their bodies; these tasks can be differentiated where necessary to suit the needs of individual children.

Do you do a club? Questionnaire- This is a questionnaire we have sent to children to find out if they do a club either inside or outside of school. Our aim of this is to find out if there is a club that would persuade those children that do not partake in any sports club to join one. We will use our Sports Premium funding to get external coaches in if necessary to fund this club for these children. We hope that we can get every child involved in being active with something they enjoy.